

# Anti-Homophobia

## PRESENTATION OUTLINE

This one-hour presentation will address the effects of homophobia, transphobia and gender discrimination on the 2SLGBTQAI+ population. Through the speakers' lived experience and acquired knowledge, participants will gain a deeper understanding of the experiences and systemic conditions that impact sexuality and gender-based oppression.

## AGENDA

- Introducing: gender, sexuality, non-binary, transgender
- Speaker One: personal story
- Two-Spirit Historical Context
- Speaker Two: personal story
- Statistics: experiences & mental health in Trans population
- Building Allyship
  - Application in the workplace
- How to support someone dealing with experiencing or witnessing gender or sexuality-based violence
- Q&A

## TESTIMONIAL

“There wasn’t a sound in the room when Sara and Alex spoke. They were so engaging and authentic in their approach. Alex’s story was extremely powerful for the LGBTQ2S community. Sara’s message highlighted the importance of reaching out when struggling. Both speakers stressed the importance of seeking help, whether it be formal or informal.”

Denise Plante-Dupuis  
Mental Health Leader, Timmons ON

## FOLLOW UP MATERIAL

- Anti-Homophobia Tip Sheet
- List of Resources

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!

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