

Anti-Racism

PRESENTATION OUTLINE

This one-hour presentation will address the effects that racism and oppression have on racialized groups. Through the speakers' lived experience and acquired knowledge, participants will gain a deeper understanding of systemic racism and what they can do within their community to actively create a more inclusive environment.

AGENDA

- Introduction
 - Defining **systemic racism**
- Speaker One: personal story
- Self-Reflection on **Biases**
- Speaker Two: personal story
- Understanding **Microaggressions**
 - Intent versus Impact
 - Dealing with microaggressions
- Building **Allyship**
- Understanding **Equity vs. Equality**
- How to support youth in their lives
 - Dealing with racism
 - Experiencing or Witnessing
- Q&A

TESTIMONIAL

“The Anti-racism workshop was hugely powerful, informative and engaging. Both speakers were excellent and the session flowed very well. Thank you for running such an insightful session with lots of information, insightful analogies, quotes, signposts to further reading and resources and of course, the personal stories. The session was very educational.”

Susi Dunn, Equity Committee,
LexisNexis UK

FOLLOW UP MATERIAL

- Anti-Racism Tip Sheet
- List of Resources

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!

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(905) 967 - 0604

office@youthspeak.ca



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