



# PUBLIC SPEAKING

GR. 10-12+

This interactive two-session workshop will focus on discovering personal strengths, building self-confidence, and providing a safe and fun environment to practice public speaking skills. Within the context of a youth-friendly and engaging format, Youth Speakers will share their skills on how to access their inner voice to effectively communicate with their audience.

## ASSEMBLY FORMAT:

- DISCOVER THEIR INNER STRENGTHS, STAGE PRESENCE AND CONFIDENCE IN THEIR ABILITIES
- LEARN TOOLS AND STRATEGIES FOR DEALING WITH SELF-DOUBT AND NERVOUSNESS
- BUILD A BASIC UNDERSTANDING OF ORGANIZING AND PRESENTING A SPEECH
- LEARN AND PRACTICE EFFECTIVE COMMUNICATION SKILLS TO ENGAGE THEIR AUDIENCE



The Public Speaking Workshop was impactful for the participants by gaining confidence in public speaking and opportunities to practice and hear feedback. The session was interactive and very informative! The youth speakers were very engaging with our participants and did a great job facilitating. I hope there will be opportunities in the near future to invite YouthSpeak again. It's been a pleasure working with you and the amazing youth speakers.

Willa Tam, Mon Sheong  
Foundation

\*Includes Printable Resources Material

YOUTHSPEAK PERFORMANCE CHARITY  
**SPEAK. INSPIRE. CHANGE.**

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!

[www.youthspeak.ca](http://www.youthspeak.ca)

(905) 967 - 0604

[office@youthspeak.ca](mailto:office@youthspeak.ca)



@YouthSpeakCan



@YouthSpeakCan



@YouthSpeakCan



YouthSpeak  
Performance Charity