

PROGRAM EXPERIENCES



HIGHLIGHTS



15,554 Youth and caring adults

benefited from conversations promoting well-being, self-care and hope, and receiving information on resources

IMPACT

"The presentations were excellent! The stories, information and manner was outstanding. Feedback from staff also supports my thoughts and feelings. The presenter stories were touching and powerful and memorable analogies used, leaving their mark motivating the audience to be active agents for change and for their own well-being! Thank you for inspiring us to stand up and speak out for justice, inclusion, and well-being!" Mary Oppedisano, Principal, Johnsvie Village PS

"Members from the Youthspeak team spoke to our gr. 8 students in our Transition Program. Their presentation was well organized, thoughtful, and very informative. The students were engaged in online activities and heard heartfelt stories from the speakers. Thank you, Youthspeak for providing our students with strategies and tools to help with their mental health." C. Vitiello, St. Basil-the-Great College School

VISION

For all youth to be inspired and empowered to live resilient and meaningful lives

MISSION

To create important conversations promoting well-being, compassion and hope, by empowering youth to share personal stories and coping strategies through in-person and online presentations.

THANK YOU TO OUR FUNDERS & SPONSORS

With **generous donations** we were able to provide:

- Provide meaningful employment and leadership training
- Provide workshops for schools in need
- Provide IG Lives, Podcasts and other online self-care resources for youth

CALL FOR ACTION!



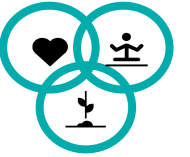
To help us expand our reach, we are looking to raise **\$100,000**. To help us achieve this goal, please consider donating at [Canada Helps](#)

Empowering Young Minds for New Times

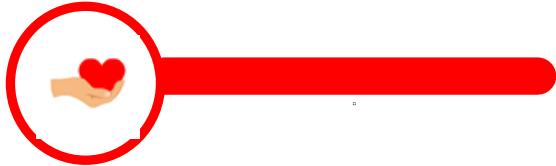
Accepting the New Normal



Through leadership, training and sharing personal stories, YouthSpeak will continue to empower youth to **increase empathy, self-worth, resilience** and **youth seeking out resources**



PARTNERS/DONORS/FUNDERS



- Ontario Trillium Foundation
- Cathy Lawlor
- Coldwell Banker The Real Estate Centre
- Bell Lets Talk
- Employment Ontario
- Ryerson University
- Summer Jobs Canada

MESSAGE FROM JEREMY ANDERSON, BOARD CHAIR

The ongoing COVID-19 pandemic has forced organizations to reflect on and adapt how they navigate their work and the way they communicate, and that is exactly what YouthSpeak has done over the past year. We continued to build on our pivot to virtual presentations and we added new programming to address the most pressing mental health challenges affecting youth today.

With the help of Endeavour Consulting, we did a deep dive into our overall strategy to help us identify new opportunities and bring focus to the execution of our mission over the next several years. Our team also commenced a brand refresh to give YouthSpeak a fresh new look, which we feel will better connect with our audiences of youth and caring adults. A big thank you to all our donors and sponsors, especially the Ontario Trillium Foundation, for all of your generosity and making our meaningful work possible.

MESSAGE FROM UNA WRIGHT, EXECUTIVE DIRECTOR

Our team headed into the 2020-2021 school year well-prepared and informed that a top priority for schools was student and teacher well-being. As such, we created our Empowering Minds for New Times presentations and began developing our Anti-Racism presentations.

Our weekly Instagram Lives, Youtube videos, podcasts and Tiktok proved to bring valuable self-care strategies to youth as our views increased throughout the year. And Even with continued uncertainty about virtual or in-person learning throughout the year, many schools accessed our programs as we provided a total of 242 presentations.

We are grateful to a caring community for the support as we adapt and expand during these challenging times. We look forward to working closely with schools to continue supporting their well-being initiatives as we journey into the 2021-2022 school year.

MESSAGE FROM ASMA CHOCHAN, YOUTH FACILITATOR

On behalf of the YouthSpeak team, I would like to thank you for all your support this year. As an organization which has adapted, expanded & evolved during these new times, we are so proud of the way our team has managed to accomplish key goals in the past year. From creating workshops on inclusivity & anti-hate and applying an equity lens to all our operations and building partnerships, our team has taken a strong initiative to match the needs of youth today

Our team is one that cares for and supports one another through all our projects, and this dynamic reflects to our audience each time we speak to youth. We strongly believe in our mission & vision and strive each day to learn and grow together. We are excited to continue to use our voices across various platforms & empower diverse groups of youth. We are so happy to have you join us in our journey at YouthSpeak Performance Charity!

Board of Directors



- Jeremy Anderson, Board Chair
- Sam Chan, Treasurer
- Diana Lacaria, Secretary
- Faye Shen, Director
- Harlene Bajwa, Director
- Andrea Leacock, Director (retired)
- Jacky Jin (September 2021)

