

POST-SECONDARY PROGRAMS

Youth-led interactive presentation will help students deepen their understanding specific to the topic chosen for this presentation. Youth speakers will share personal stories about their challenges with being accepted for who they are and share a message of empowerment and hope. Students will leave with a greater understanding of what they can do to step up in their community and actively create a more understanding environment with their peers.

ASSEMBLY FORMAT:

- INTERACTIVE INTRO / WARM UP
- SPEAKER ONE
- LEARNING COMPONENTS SPECIFIC TO THE TOPIC
- SPEAKER TWO
- Q&A / RESOURCES

>Various topics include: Mental Health & Wellness; Empowering Minds for New Times; Empowering Young Women; Anti-Racism; Anti-Homophobia; Anti-Xenophobia.

*Includes Printable Resources Material



I have had the privilege of working with YouthSpeak for many years and in many capacities. Most recently, I am a member of the Canadian Federation of University Women and I am the chair of a new initiative - GEN NEXT. With this role, we hope to engage younger women, 18+, who are looking to learn, lead and achieve. YouthSpeak's presentation on "Mental Health and Empowering Young Women" proved to be completely aligned with the GEN NEXT vision. Young women speaking to other young women is nothing short of relatable, relevant, engaging and empowering! Thank you YouthSpeak!

Grace Cantarutti, Canadian Federation of University & chair of GEN NEX initiative

YOUTHSPEAK PERFORMANCE CHARITY
SPEAK. INSPIRE. CHANGE.

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!

www.youthspeak.ca

(905) 967 - 0604

office@youthspeak.ca



@YouthSpeakCan



@YouthSpeakCan



@YouthSpeakCan



YouthSpeak
Performance Charity