



BULLYING PREVENTION CARING ADULTS

This one-hour session will give parents and caregivers a deeper look into the effects of bullying and how to support their youth. Youth speakers will share personal stories about their challenges with bullying and a message of empowerment, hope, resilience and inclusivity. Caregivers will leave with a greater understanding of the challenges their youth may face, how to support them and foster a safe and positive environment.

PRESENTATION FORMAT:

- INTRODUCTION (STATS + MENTAL HEALTH AFFECTS OF BULLYING)
- SPEAKER'S STORY ONE
- SPEAKER'S STORY TWO
- SIGNS & SYMPTOMS OF BULLYING
- SIGNS & SYMPTOMS OF CYBERBULLYING
- PROTECTING YOUR CHILD ONLINE
- TIPS FROM YOUTH
- Q&A / RESOURCES

Studies have found that those who feel more connected to their school and who perceive the climate to be trusting, fair and pleasant were less likely to become perpetrators in bullying and cyberbullying incidents.

Public Safety Canada 2018

YOUTHSPEAK PERFORMANCE CHARITY
SPEAK. INSPIRE. CHANGE.

*Includes Printable Resources Material

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!

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