



This workshop will:

## **Educate Youth**

on the various fundamentals and effects of cannabis use

on mental & physical health impacts of cannabis use

on harm reduction and safer use strategies if engaging in cannabis use

## ✓ Offer and Inform

evidence + trauma-informed & a non-judgemental approach to conversing with youth about cannabis use

## Provide Resources

access to support resources if they or anyone they know is at risk due to cannabis use



## SUBSTANCE USE AWARENESS PROGRAM

Youth speakers share personal stories about their challenges with cannabis use to increase awareness and knowledge around the associated risks, as well as to improve behaviours and attitudes in youth and young adults on safer use of cannabis.

We are excited to be offering this CANNABIS USE AWARENESS PROGRAM warmly transferred to us by 360Kids

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!

O @YouthSpeakCan

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