

## BULLYING PREVENTION



This one-hour session will provide parents and caregivers a deeper look into the effects of bullying and how to support their youth. Youth speakers will share personal stories about their challenges with bullying and a message of empowerment, hope, resilience and inclusivity. Caregivers will leave with a greater understanding of the challenges their youth may be facing, how to support them, and foster a safe and positive environment.

## **PRESENTATION FORMAT:**

INTERACTIVE INTRO/WARMP UP
SPEAKER STORY ONE
SPEAKER STORY TWO
SIGNS & SYMPTOMS OF BULLYING
SIGNS & SYMPTOMS OF CYBERBULLYING
PROTECTING YOUR CHILD ONLINE
CREATING SAFER SPACES
TIPS FROM YOUTH
O&A / RESOURCES

"On behalf of our School Council I wanted to thank you for the amazing presentation your team did for our school community yesterday. I was thoroughly impressed by the confidence and subject matter expertise of the presenters! Thank you so much for what you do and for partnering with our school to deliver this incredible Reventoram, School Council :o-Chaiı

\*Includes Printable Resources Material

YOUTHSPEAK PERFORMANCE CHARITY **SPEAK. INSPIRE. CHANGE.** 

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!