

BULLYING PREVENTION GR. 4-6



The presentations were excellent! The stories, information and manner was outstanding. Feedback from staff also supports my thoughts and feelings. The presenter stories were touching and powerful and memorable analogies used, leaving their mark motivating the audience to be active agents for change and for their own well-being! Thank you for inspiring us to stand up and speak out for justice, inclusion, and well-being

ASSEMBLY FORMAT:

- INTERACTIVE INTRO / WARM UP
- SPEAKER ONE: PERSONAL STORY
- WE ALL HAVE VALUE
- WHEN DO YOU FEEL CONFIDENT?
- **COPING TOOLS**
- **SPEAKER TWO: PERSONAL STORY**
- ALLYSHIP/HOW CAN WE HELP?
- PRACTICE EMPATHY
- SETTING BOUNDARIES
- CREATING SAFER SPACES
- SOCIAL MEDIA TIPS
- **CALL TO ACTION**
- RESOURCES/Q& A

*Includes Printable Resources Material

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Mary Oppedisano, Principal, Johnsview Village PS

YOUTHSPEAK PERFORMANCE CHARITY **SPEAK. INSPIRE. CHANGE.**

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!