

# BULLYING PREVENTION

GR. 7-12



This youth-led interactive assembly will help students understand the effects that bullying has on their peers. Youth speakers will share personal stories about their challenges with bullying and share a message of empowerment, hope, resilience and inclusivity. Students will better understand what they can do to step up in their community and actively create a more safe and inclusive environment with their peers.

## ASSEMBLY FORMAT:

- INTERACTIVE INTRO / WARM UP
- SPEAKER ONE: PERSONAL STORY
- PRACTICE EMPATHY
- DRAMA & ADRENALINE
- SETTING BOUNDARIES
- HOW TO BE AN ALLY
- SPEAKER TWO: PERSONAL STORY
- WE ALL HAVE VALUE
- WHEN DO YOU FEEL CONFIDENT?
- COPING TOOLS
- HOW CAN WE BE UPSTANDERS?
- CALL TO ACTION
- RESOURCES/Q&A

\*Includes Printable Resources Material



*The presentations were amazing....provided age-appropriate content & personal stories to learn about bullying prevention, educated our students about what to do in bullying situations and linked them to community resources/discuss options on how to ask for help. Our students connected with the presenters and appreciated the time they took out of their busy schedules to share their own personal life stories - it made it REAL.*

Patrizia Marazzi, Vice Principal,  
Pope Francis CES

YOUTHSPEAK PERFORMANCE CHARITY  
**SPEAK. INSPIRE. CHANGE.**

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!



@YouthSpeakCan

www.youthspeak.ca

(905) 967 - 0604

office@youthspeak.ca