



This youth-led interactive presentation helps students understand inclusivity. Youth speakers share personal stories about their challenges with being accepted for who they are and share a message of empowerment and hope. Students will better understand what they can do to step up in their community and actively create a more inclusive environment with their peers.

ASSEMBLY FORMAT:

INTERACTIVE INTRO / WARM UPS

WHAT IS DIVERSITY AND INCLUSIVITY?

BELLY BREATHING

SPEAKER ONE: PERSONAL STORY

SPEAKER TWO: PERSONAL STORY

HOW CAN WE HELP?

WHERE CAN I LEARN MORE?

POSITIVE AFFIRMATIONS

CALL TO ACTION

• Q&A / RESOURCES

*Includes Printable Resources Material

We had the amazing facilitators with YouthSpeak presenting to our grade 1-3 students at Humbercrest this morning. The whole hour kept us active, engaged, and inspired. I loved it and I could see the gleeful and shining faces of my students throughout. With over 140 participants, it was a roaring success.

NJaya Karsemeyer Bone, Teacher, Humbercrest PS

YOUTHSPEAK PERFORMANCE CHARITY **SPEAK. INSPIRE. CHANGE.**

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!