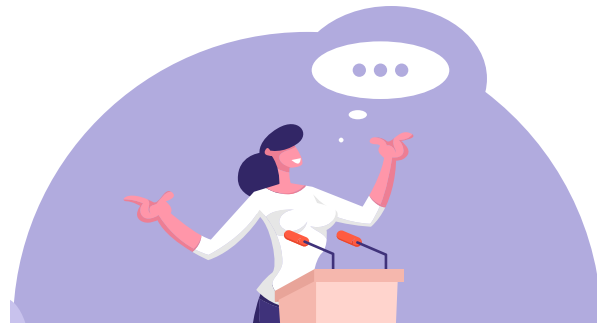


# PUBLIC SPEAKING

FOR YOUTH



This interactive two-session workshop will focus on discovering personal strengths, building self-confidence, and providing a safe and fun environment to practice public speaking skills.

The workshop will be facilitated by trained Youth Speakers who have expertise on one of the top ten fears – public speaking! Within the context of a youth-friendly and engaging format, Youth Speakers will share their skills on how to access their inner voice to effectively communicate with their audience.

## WORKSHOP FORMAT:

- DISCOVER THEIR INNER STRENGTHS, STAGE PRESENCE AND CONFIDENCE IN THEIR ABILITIES
- LEARN TOOLS AND STRATEGIES FOR DEALING WITH SELF-DOUBT AND NERVOUSNESS
- BUILD A BASIC UNDERSTANDING OF ORGANIZING AND PRESENTING A SPEECH
- LEARN AND PRACTICE EFFECTIVE COMMUNICATION SKILLS TO ENGAGE THEIR AUDIENCE



*The Public Speaking Workshop was impactful for the participants by gaining confidence in public speaking and opportunities to practice and hear feedback. The session was interactive and very informative! The youth speakers were very engaging with our participants... I hope there will be opportunities in the near future to invite YouthSpeak again. It's been a pleasure working with you and the amazing youth speakers.*

Willa Tam, Mon Sheong  
Foundation

YOUTHSPEAK PERFORMANCE CHARITY  
**SPEAK. INSPIRE. CHANGE.**

\*Includes Printable Resources Material

LOOK TO YOUTHSPEAK FOR SELF-CARE STRATEGIES, RESOURCES, INFO AND MUCH MORE!



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