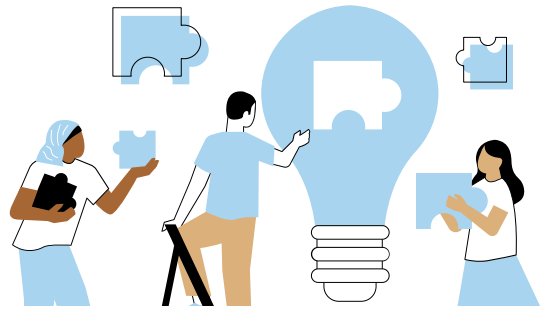


SCHOOL SURVIVAL GUIDE

TRANSITION
GRADE 8-9



This youth-led interactive assembly will support student transition from elementary into secondary school and includes topics such as: well-being, authenticity, boundaries, and school tips from Youth speakers. Youth speakers will share personal stories about their high school experience, what they learned, and meaningful tips alongside messages of hope and empowerment. Students will be provided with a better understanding of how they can navigate these foundational years and create an environment for success.

ASSEMBLY FORMAT:

- INTERACTIVE INTRO / WARM UP
- SPEAKER ONE: PERSONAL STORY
- ACCEPTANCE / AUTHENTICITY
- SETTING BOUNDARIES
- DRAMA AND ADRENALINE
- SPEAKER TWO: PERSONAL STORY
- COPING TOOLS
- WHEN/WHAT IT LOOKS LIKE TO SEEK HELP
- SCHOOL TIPS FROM YOUTH SPEAKERS
- DECISION MAKING, HONOURING MISTAKES
- Q&A / RESOURCES

*Includes Printable Resources Material



The presentation..providing our students...key strategies and advice that would be useful to any incoming Grade 9 student. The presenters were very welcoming and engaging. Our students listened attentively and had questions and positive comments that they were willing to share. The real-life stories that were shared by the...Their messages of perseverance and determination resonated with our students and gave them hope for the future.

Lendyl D'Souza, Health & Wellness Lead Teacher, Notre Dame HS, Toronto

YOUTHSPEAK PERFORMANCE CHARITY
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