

# Bullying Prevention

Coming Together



## Program Outline



This **youth-led interactive session** will help students understand the effects that bullying has on their peers. Youth speakers will share personal stories about their challenges with bullying and share a message of empowerment, hope, resilience and inclusivity.

*Students will better understand what they can do to step up in their community and actively create a safer and more inclusive environment with their peers.*

### YOUTH SPEAKERS WILL SHARE PERSONAL STORIES



#### Increase Allyship

Helping students understand the importance of supporting each other, **building community connections**, and creating an environment where everyone feels like they belong.



#### Increase Empathy

Helping students **recognize and respectfully respond to other's emotions** to empower them to deepen their relationships.



#### Strengthen Critical Thinking

Fostering student's self-reflection and **critical-thinking skills that help facilitate growth** and to creating communities where everyone feels like they belong.

YOUTH EXPERIENCE. YOUTH VOICE. YOUTH EMPOWERED.



Connect with us: [www.youthspeak.ca](http://www.youthspeak.ca)

BOOK US TODAY!

