

YOUTHspeak

Presents

# Ultimate School Survival Guide

2024-25

Comes with an E-Book!

## Program Outline

Join our **Youth Facilitators** on this transformative journey as they **share their personal stories** of transitioning from grade 8 and beyond.



*With the Ultimate School Survival Guide, your students will be inspired towards growth and empowerment, and be prepared with the tools to thrive and be resilient in high school and beyond!*



### Embracing Diversity

Helps students **develop critical thinking skills, while teaching them how to support each other** and foster a diverse and inclusive environment to thrive in.



### Fostering Resilience

**Empowers youth to learn from challenges**, while discovering their interests, strengths, and aspirations.



### Prioritizing Mental Health

Provides valuable insights, **resources and strategies for navigating emotions**, and seeking support when needed.



Connect with us: [www.youthspeak.ca](http://www.youthspeak.ca)

BOOK US TODAY!

  
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