



ANNUAL

September 2023 - August 2024

REPORT

YOUTHspeak
Charity, Since 2003.



IMPACT

2023-2024

30,000+ youth and caring adults benefitted from your contributions through conversations promoting well-being, self-care and hope, along with providing information on resources.



Vision

For all youth to be inspired and empowered
to live resilient and meaningful lives.



Mission

To **create important conversations** promoting well-being, compassion and hope, by **empowering youth to share personal stories** and coping strategies through in-person and online presentations.



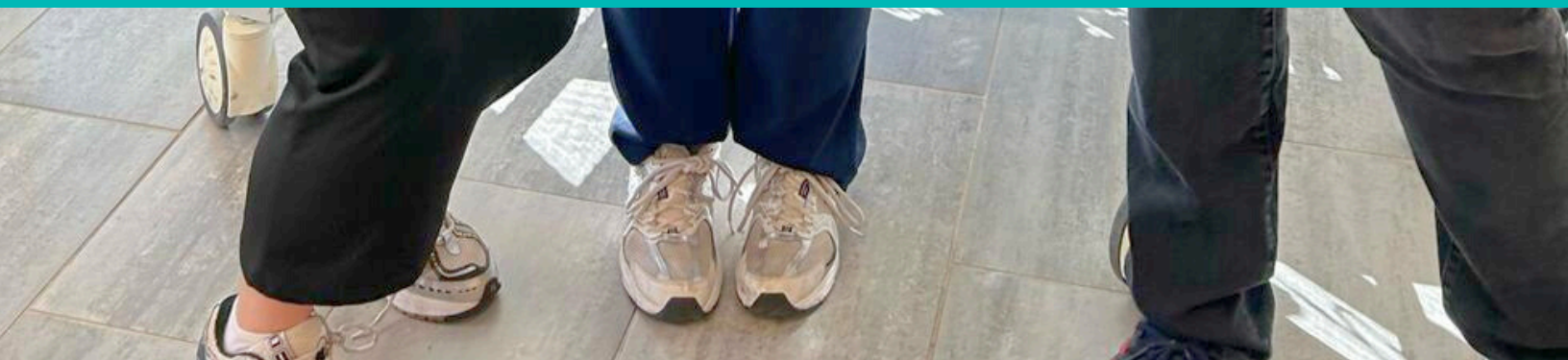
Values

To increase Self-Worth, Empathy, Resilience and Awareness





HIGHLIGHTS



OUR PARTNERS AND SUPPORTERS



Cathy Lawler
Sales Representative,



Seneca 360



COLDWELL BANKER
THE REAL ESTATE
CENTRE. BROKERAGE



FROM YOUR CONTRIBUTIONS WE WERE ABLE TO PROVIDE:

Training for Youth Staff



Monthly Debriefs
with Registered
Social Worker

(Shivani Gupta MSW, RSW)



Be There, Jack.org
Certificate Training

(Jack.org)



Second City Improv
4-Part Series

(Second City Toronto)

More Content Creation



11 IG Lives, 60 TikToks,
5 Podcast episodes

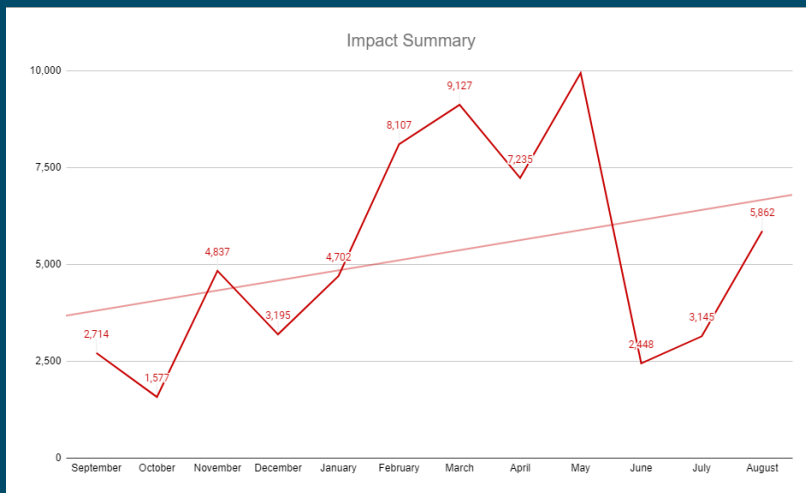


6 Blog Posts, Newsletters





More self-care resources
for youth & caring adults

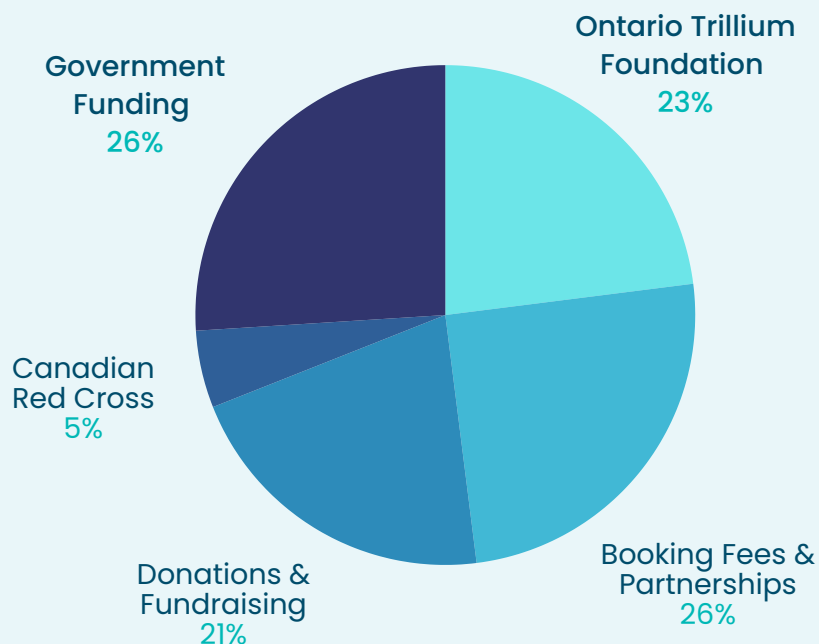
Through leadership, training and sharing personal stories,
YouthSpeak aims to increase empathy, self-worth, resilience
 and encourage help-seeking behaviour



Impact Summary

266  Youth & Caring Adult Presentations

5  Podcasts & IG Lives *numbers need updating



YOUTHspeak
 IS MADE
 POSSIBLE
 WITH
 YOUR
 SUPPORT



TESTIMONIALS

Stories offered a powerful window into the different types of relationships parents and caregivers have with their children.... This presentation shared important messages that parents found helpful in navigating social challenges our youth face in today's world. We look forward to having you in again!

– Michelle Eisen, Principal, Clearmeadow P.S.





The speakers were super engaging and the stories they shared were powerful and relevant for the students. The students participated actively and asked good questions. It was an awesome experience!

– Annette Livi, Principal, Sixteenth Avenue PS

CALL TO ACTION



To expand our reach and impact, **we are looking to raise**

\$100,000

by August 2025, in order to help us achieve this goal,
please consider donating at [Canada Helps](#).

A MESSAGE FROM THE STAFF

Change has been a consistent theme this year, and as an organization, we have embraced this journey marked by growth and opportunity. This year's highlights include expanding our team of Youth Facilitators, training in improv and public speaking at Second City, and the creation of our eBook. Our enhanced capacity and outreach have allowed us to further develop and nurture relationships with stakeholders and community organizations.

On behalf of the YouthSpeak team, we would like to thank our supporters and community partners for their commitment to our charity. Their belief in our mission has allowed us to empower more youth through our presentations. We look forward to another year of program delivery, expansion, and growth as we continue to learn, adapt and innovate as a collaborative, reinforcing the power of teamwork, empathy, and community spirit.

– *Natasha Graham, Partnership Developer*



A MESSAGE FROM THE BOARD CHAIR

The mission at YouthSpeak, to "to create important conversations promoting well-being, compassion and hope by empowering youth to share personal stories...", continues to resonate powerfully today. This organization provides a critical avenue for youth, opening communication to help them address problems, and providing an avenue towards healing. At its core, this makes the world a better place. We are proud of this work. It makes a tremendously positive difference.



Alan Hoyle
Board Chair

During the last year YouthSpeak has continued to provide presentations to students, and continues to receive excellent feedback from educators and parents, but especially from students. The staff have ensured that programs continue to expand to address changing needs: youth mental health, anti-racism, anti-bullying, the list grows yearly. It is our staff, and notably our presenters, who so effectively carry this work forward. Thank you for all their work.

A special thank you to our donors: without your support this work could not happen. You make the difference!

YouthSpeak breaks down barriers for youth and gives them a sense of empowerment. Working together, we can and are changing the world!



Anika Wallia
Secretary



Sam Chan
Treasurer



Teya Zuzek
Director



Collin Dawes
Director



Rahul Sapra
Director



Nicole Chanderpaul
Director



Fatima Malik
Fundraising Chair



Alison Moonsie
Director

BOARD OF DIRECTORS

A MESSAGE FROM EXECUTIVE DIRECTOR

The 2023-2024 year marked 20-years for our growing charity! Despite a year that started off with some challenging, our amazing team of Youth Facilitators worked diligently to respond to the changing times in order to make a significant impact on youth mental health and inclusivity issues. We had an opportunity to acknowledge dedication and passion of our youth, Board of Directors, supporters and other stakeholders by hosting a lovely 20-year celebration at the nostalgic OBJX in Toronto. Attendees heard firsthand testimonials from youth speakers about the impact YouthSpeak has had on their lives, followed by a youth talent show of various performances by select vocalists, comedians and even a magician!



Two pivotal sources of funding that helped us to create more sustainability and expand our services came through the Ministry of Education to support our Youth Facilitators in their training and program delivery; and the Ontario Trillium Foundation to support two new positions: Program Manager to guide our team of Youth Facilitators in their training and the delivery of programs; and a Partnership Developer to help us build stronger community relationships.

Special thanks goes to the York Regional Police, we held our 12th annual AWAKE conference at the Safety Village in Stouffville. As well, a continued partnership with our corporate partner, Coldwell Banker The Real Estate Centre Brokerage who again, sponsored the 5th annual HOOPS charity youth basketball tournament.

Gratitude goes out to all of our funders, donors, and to a caring community for the ongoing support as we look forward to working closely with schools as we venture into the 2024-2025 school year!

A handwritten signature in black ink that reads "Una Wright". The signature is fluid and cursive, with the first letters of "Una" and "Wright" being capitalized and prominent.

Una Wright
Executive Director



CONNECT with Us



@YouthSpeakCan

Self-Care Content
Interviews with Mental
Health Professionals

For Program Inquires

- (905) 967 - 0604
- office@youthspeak.ca



Book a Presentation Today at:

Thank you for your support!

www.youthspeak.ca

