

Bullying Prevention

Advocacy

For grades 7-8



Program Outline

This **youth-led interactive session** will help students understand the effects that bullying has on their peers. Youth speakers will share personal stories about their challenges with bullying and share a message of empowerment, hope, resilience and inclusivity.

Youth Will

- ✓ Learn When to Ask for Help
- ✓ Explore what Self-Advocacy Means
- ✓ Be Encouraged to Advocate for Others
- ✓ Understand How they can Be Upstanders

“The presenter stories were touching and powerful... leaving their mark, motivating the audience to be active agents for change... Thank you for inspiring us to stand up and speak out for justice, inclusion, and well-being!

– Principal

TRAINED YOUTH SPEAKERS SHARE PERSONAL STORIES

Key Takeaways



Increase Allyship

Helping students understand what they can do to step up in their community and actively create a more safe and inclusive environment with their peers where everyone feels like they belong.



Increase Empathy

Helping students recognize and respectfully respond to other's emotions to empower them to deepen their relationships.



Strengthen Critical Thinking

Fostering student's self-reflection and critical-thinking skills that help facilitate growth and to creating communities where everyone feels like they belong.

ONE CONVERSATION AWAY FROM HOPE.

Bullying Prevention

Fostering Community



Program Outline



This **youth-led interactive session** will help students understand the effects that bullying has on their peers. Youth speakers will share personal stories about their challenges with bullying and share a message of empowerment, hope, resilience and inclusivity.

- **When to ask for help?**
- **Self-advocacy**
- **Advocacy for others**
- **How can we be Upstanders?**

Students will better understand what they can do to step up in their community and actively create a more safe and inclusive environment with their peers.

YOUTH SPEAKERS WILL SHARE PERSONAL STORIES



Increase Allyship

Helping students understand the importance of supporting each other, **building community connections**, and creating an environment where everyone feels like they belong.



Increase Empathy

Helping students **recognize and respectfully respond to other's emotions** to empower them to deepen their relationships.



Strengthen Critical Thinking

Fostering student's self-reflection and **critical-thinking skills that help facilitate growth** and to creating communities where everyone feels like they belong.

YOUTH EXPERIENCE. YOUTH VOICE. YOUTH EMPOWERED.



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